# Efficacy and Safety of Cannabidiol for Seizures Associated With Tuberous Sclerosis Complex in Pediatric and Adult Patients From GWPCARE6: A Phase 3 Trial With an Open-Label Extension

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### Background

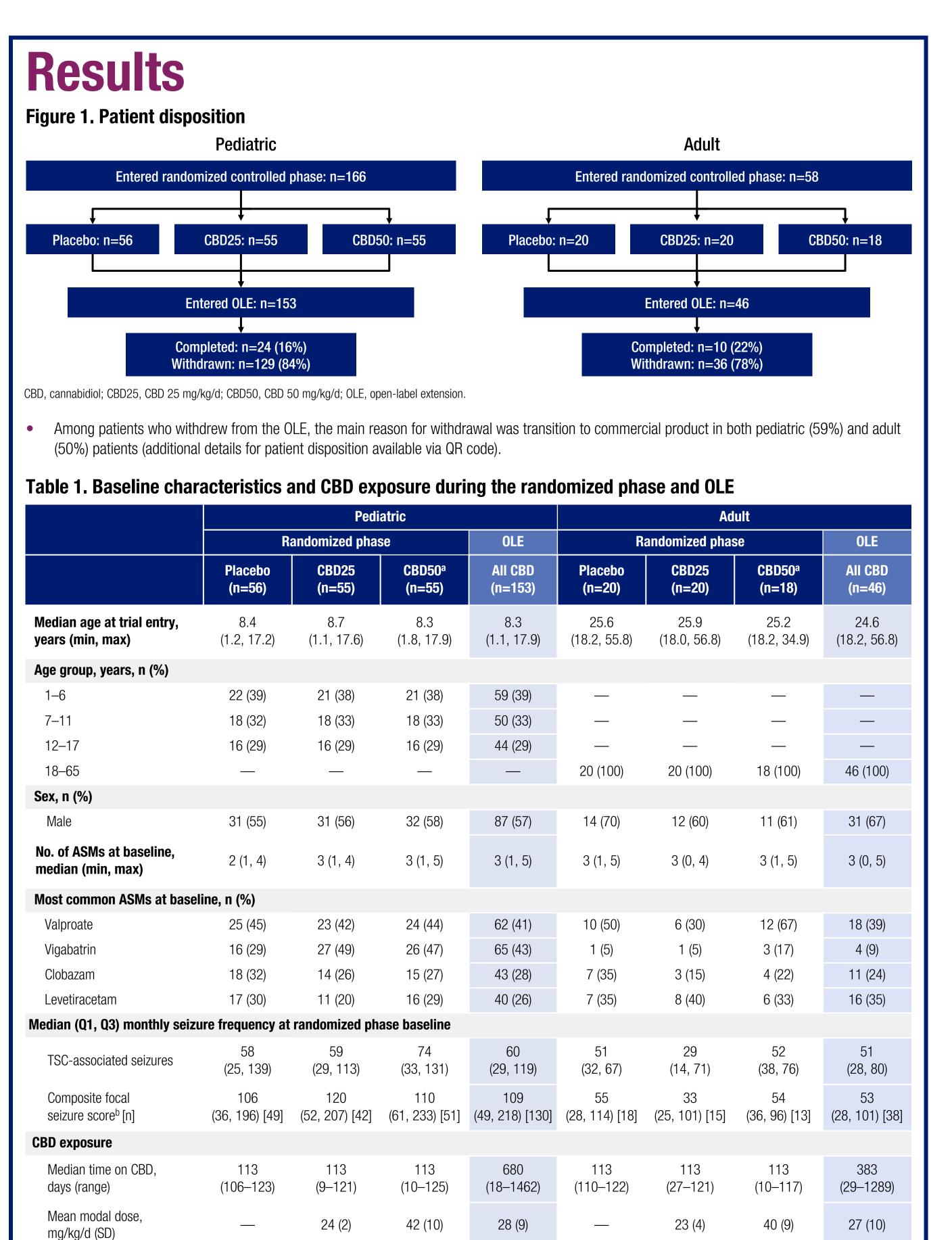
- Add-on treatment with a plant-derived, highly purified pharmaceutical formulation of cannabidiol (CBD) reduced seizures associated with tuberous sclerosis complex (TSC) with an acceptable safety profile in a randomized, placebo-controlled phase 3 trial (GWPCARE6).
- While GWPCARE6 evaluated CBD doses of 25 and 50 mg/kg/d, similar efficacy was observed with a higher rate of adverse events in the 50 mg/kg/d group. The FDA-approved recommended maintenance dosage of CBD for the treatment of seizures associated with TSC is 25 mg/kg/d.
- In the open-label extension (OLE) of GWPCARE6, long-term treatment with CBD demonstrated a safety profile that was consistent with the randomized controlled phase of the trial and a reduction in the frequency of TSC-associated seizures through 156 weeks of treatment.<sup>2</sup>
- This post hoc analysis evaluated the efficacy and safety of add-on CBD treatment in pediatric (<18 y) and adult (≥18 y) patients of GWPCARE6.

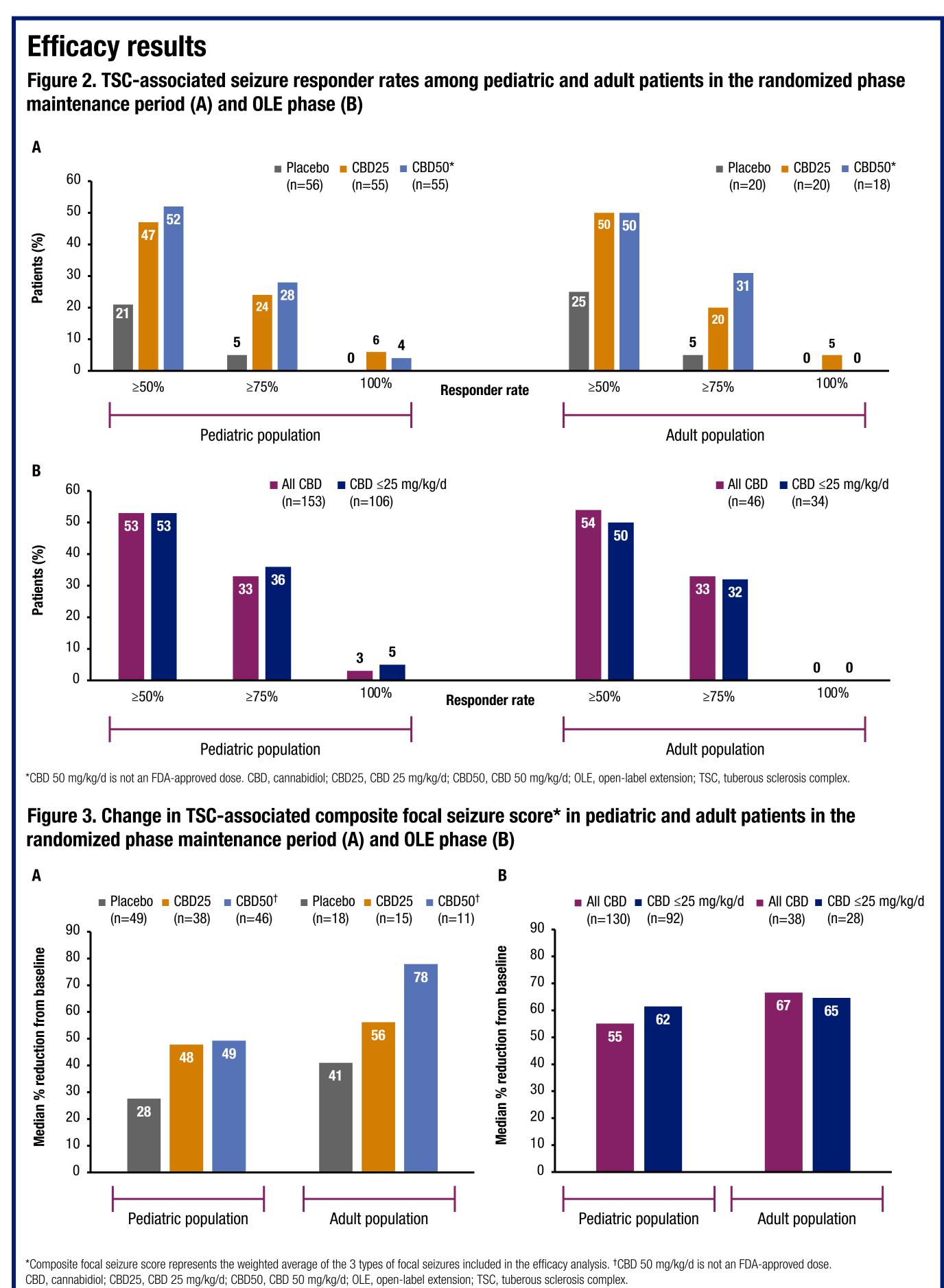
## **Objective**

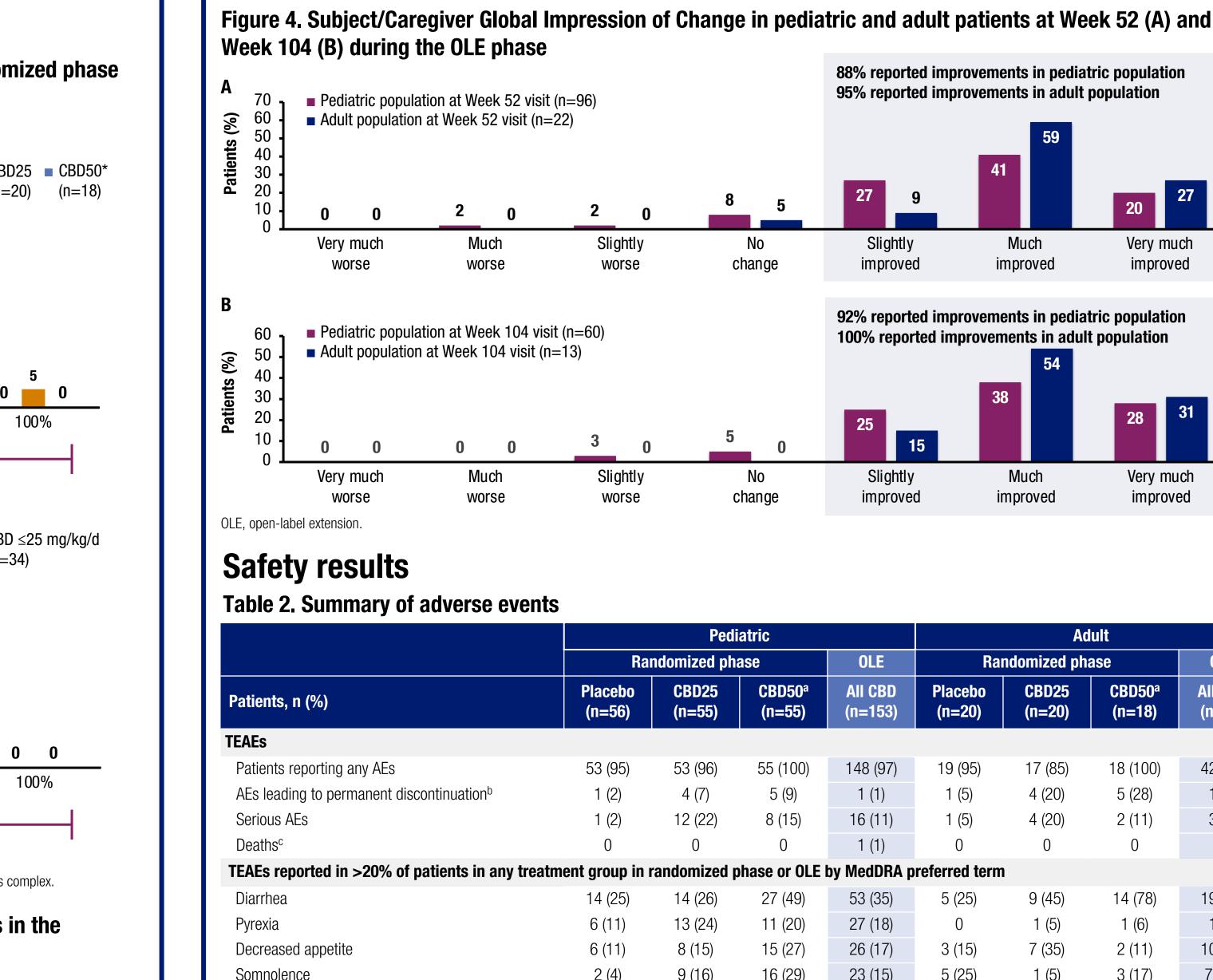
 To present efficacy and safety outcomes of CBD treatment in pediatric and adult patients treated in the randomized controlled phase and the OLE of GWPCARE6.

#### Methods

- Patients eligible for GWPCARE6 were aged 1–65 years with a clinical diagnosis of TSC, were experiencing ≥8 TSC-associated seizures during the 4-week baseline period of the randomized phase with ≥1 seizure in ≥3 out of 4 weeks, and were currently taking ≥1 antiseizure medication at baseline.
- In this trial, TSC-associated seizures included all countable focal motor seizures without impairment of awareness, focal seizures with impairment of awareness, focal seizures evolving to bilateral motor seizures, and generalized seizures (tonic-clonic, tonic, clonic, or atonic).
- Patients received placebo or CBD (Epidiolex®; 100 mg/mL, oral solution) at 25 mg/kg/d (CBD25) or 50 mg/kg/d (CBD50) in the randomized phase, which consisted of a 4-week titration period followed by a 12-week maintenance period.
- Patients who completed treatment in the 16-week randomized controlled phase could enroll in the OLE.
- Treatment in the OLE could continue for up to 1 year, except in the United States and Poland, where patients could continue treatment beyond 1 year.
- All patients entering the OLE started a 2-week blinded transition period, during which the blinded medication from the randomized phase was tapered down to 0 while simultaneously CBD was titrated up to 25 mg/kg/d; the dose could then be decreased or increased up to the maximum dose of 50 mg/kg/d based on response and
- In this post hoc analysis, the efficacy of CBD treatment was assessed in pediatric and adult patients by calculating the  $\geq$ 50%,  $\geq$ 75%, and 100% reductions from baseline in TSC-associated seizures during the randomized phase maintenance period and the OLE. Change from baseline in patients' condition was measured using the Subject/Caregiver Global Impression of Change (S/CGIC) scale.
- The trial was conducted with Epidiolex®, and the results do not apply to other CBD-containing products.







OLE, open-label extension; TEAE, treatment-emergent adverse event

- The most frequently reported serious AEs among pediatric patients were elevations in alanine aminotransferase (ALT) and aspartate aminotransferase (AST) levels (2% each) during both the randomized phase as well as during the OLE (3% each).
- The most frequently reported serious AE among adult patients was status epilepticus during both the randomized phase (5%) and OLE (4%).
- During the randomized phase, the most frequently reported AE leading to permanent discontinuation was somnolence (1%) among pediatric patients
- and rash (5%) among adult patients.
- In the OLE, permanent treatment discontinuation because of an AE was reported in 1 pediatric patient due to ataxia and in 1 adult patient due to agitation

#### **Laboratory investigations**

Nasopharyngiti

Gamma-glutamyltransferase increased

Aspartate aminotransferase increased

Alanine aminotransferase increased

- During the randomized phase, elevation in ALT/AST levels >3× the upper limit of normal (ULN) occurred in 20/166 (12%) pediatric patients and 8/58 (14%) adult patients, representing 9% and 4%, respectively, of the total number of patients (N=224) randomized in the trial.
- During the OLE, elevation in ALT/AST levels >3× ULN occurred in 17/153 (11%) pediatric patients and 3/45 (7%) adult patients representing 9% and 2%, respectively, of the total number of patients (N=199) enrolled in the OLE.

#### Conclusions

- In this post hoc analysis of pediatric and adult patients in the randomized and OLE phases of trial GWPCARE6, which assessed the safety and efficacy of add-on CBD in patients with TSC:
  - Patients enrolled are representative of the TSC population eligible for treatment with CBD and include patients as young as 1 year. At approved doses, we observed substantial efficacy on seizure reduction which is similar between adults and pediatric patients.

<sup>a</sup>CBD 50 mg/kg/d is not an FDA-approved dose. <sup>b</sup>Composite focal seizure score represents the weighted average of the 3 types of focal seizures included in the efficacy analysis.

ASM, antiseizure medication; CBD, cannabidiol; CBD25, CBD 25 mg/kg/d; CBD50, CBD 50 mg/kg/d; OLE, open-label extension; Q1, first quartile; Q3, third quartile; TSC, tuberous sclerosis complex.

- During the randomized phase, ≥50%, ≥75%, and 100% responder rates were greater than placebo and similar between the adult and pediatric populations.

- Responder rates in both the adult and pediatric populations were durable and maintained throughout the OLE.
- A substantial proportion of patients/caregivers reported improvements for both pediatric and adult patients on the S/CGIC scale.
- The safety profile was similar between the pediatric and adult populations, with diarrhea being the most frequently reported AE during the randomized phase and the OLE.

**References: 1.** Thiele EA et al. *JAMA Neurol.* 2021;78(3):285-292. **2.** Thiele EA et al. *Epilepsia.* 2022;63(2):426-439.

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# Supplementary Material

